# Why is the MoCA reliable?

Using the Montreal Cognitive
Assessment offers a non-medical
evaluation that includes consultation for
next step recommendations and
program options.

More than 500 studies have shown that MoCA is superior to existing cognitive screening tools to detect Alzheimer's Disease and 20 other disorders such as stroke, diabetes, high blood pressure, heart disease, sleep apnea, and kidney disease.

# How to Request a Screening?

To request a screening you can call, email, or register online.

To call - 843-842-6688

Email - info@mymemorymatters.org

Register Online - go to

https://www.mymemorymatters.org



# **Contact Us**

117 William Hilton Parkway, HHI, SC 29226 843-842-6688

info@mymemorymatters.org www.mymemorymatters.org



# Memory Cognitive Assessment





## What is a MoCA

In 1996 the MoCA was recognized as the worldwide cognitive screening test for Alzheimer's and other disorders, adopted by many of the greatest healthcare institutions including Harvard, the Cleveland Clinic, Mayo Clinic, and National Institute of Health. The MoCA can detect Alzheimer's disease up to two years earlier than other instruments, such as the MMSE.

How Healthy is Your
Brain?
Find out through a FREE
Memory Screening.



# What is a MoCA?

### How to Be Screened?

There are two ways to be screened. The first, in-person at Memory Matters facility on Hilton Head Island. The second, virtually through Zoom, allowing you, or your loved one to remain in the comfort of home. To register for a free baseline memory screen, please complete the form below

### **How Long is the Screening?**

The screening only takes about 15 minutes and is administered by a Memory Matters certified and trained professional.

MoCA

### How is it preformed?

A MoCA quickly assesses a patient's cognitive abilities with 30 questions that analyze more areas of function than any other test. This capability helps detect disorder earlier, more accurately, and allows treatment decisions to happen faster.